

HAVE YOU TRIED **BOWEN THERAPY?** WHAT IS IT?

It is a **SOFT TISSUE REMEDIAL** technique that **BALANCES** your body: muscles, tissues, structure, and your **nervous system**.

Jenny, your therapist uses only her hands: the **POWER** and **PRECISION** of **TOUCH**. It reduces pain, inflammation, stress, nerve pain...and will give your body a **RESET**.



THE BOWEN TECHNIQUE BODYWORK FOR YOUR NERVOUS SYSTEM

Healing in the centre of Barcelona



Just one of many cared for and extremely happy patients:

*"I felt **a renewed circulation** of energy, a warming sensation in my feet, and the left shoulder blade **pain** completely **disappearing** after months of symptoms."*
~ M.K hairstylist



An Australian remarkable *intelligent* bodywork technique that **TREATS YOU**, not just the symptom, with **GENTLE** and precise moves on skin, and helps your body **HEAL ITSELF**: what it was made to and meant to do.

THE BOWEN TECHNIQUE

[with Jenny Petridis]

€70

BARCELONA